



Achieving Harmonious, Joyful and Fulfilling Relationships that matters to you

THE ENNEAGRAM CONNECTIONS

Foundation level - Who Am I?

WHAT IS ENNEAGRAM?

Why my recurring patterns?

Do you understand yourself? Why do you do the things you do or react the way you do to certain things or people? How you can make your relationship better and discover what happened in the one that did not work out? So you can learn from past experiences.

The **Enneagram** can free you from defensive self-limiting, unconscious patterns and help you grow into an expanded version of yourself. It is a powerful and dynamic personality system that describes nine distinct and fundamentally different patterns of thinking, feeling and acting. The tool enables individuals to understand their own and others' motivations and behavior patterns, and to communicate and work more effectively with each other. You will never look at each other the same way after this workshop.

CONTACT US

Vuthy (Malaysia)

+60163486345

Daniel (Outside Malaysia)

+6587666117

Family relationship



Personal relationship



Professional relationship



ORGANIZERS



www.seedoflives.com/theenneagramconnections

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LEARNING OUTCOMES



In this two-days program, you will

- Gain an understanding of the Enneagram Personality Profiling system.
- Recognize the unconscious habitual patterns that drive one's life.
- Develop the skill of interpreting behaviors and anticipating outcomes in social interactions.
- Learn the Focus of Attention for each personality type to enhance understanding of people's priorities.
- Comprehend how each Enneagram types create trouble in relationships.
- Learn how to build positive relationships with people.
- Enhance self-awareness by studying your Enneagram Personality Profile and taking steps towards personal growth.
- Familiarize yourself with Enneagram based people dynamics in order to approach interactions with compassion, understanding, and acceptance.

What others are saying?

“

June

"I now feel less worried and anxious after learning my Enneagram type, and I am able to relax and enjoy every moment of my life Guess what? My relationships with family and friends have become so much better!"

“

Sarah

"It was everything I was hoping to experience and more!
The workshop was worth every second of my time, every bit of my efforts."

“

Vuthy

"Always putting people's needs above mine - After attending this Enneagram workshop and group coaching, I now understand why."

COURSE FEES PER PERSON (SINGAPORE/INTERNATIONAL)

Subsidized fee: SGD 600

*(2nd family member: SGD 400, 3rd family member onwards, SGD 300)



**#Unlimited FREE
revision sessions**

Family members: Parents, spouse, grandparents, children, grandchildren and siblings.

*Applies only when payment for 2nd and 3rd family members made together with 1st participant.

* Not applicable for international participants.

#Training facility usage charged at cost



THE FACILITATOR

DANIEL YEO



- International Enneagram Association Accredited Professional Member
- Mindfulness Based Cognitive Therapy (Oxford)
- Mentor, Asian Institute of Mentoring
- Founding member, China Coach Federation

Daniel, hailing from Singapore, boasts a 26-year tenure in the medical technology industry, specializing in business development, key account management, and personnel development. In addition to his role in management consulting, Daniel is deeply committed to assisting parents and individuals in fostering harmonious, happy, and fulfilling relationships. He holds certifications as an executive coach (ICF), Enneagram Team Transformation, Enneagram Spectrum Practitioner, Enneagram Coach, and MBCT (Oxford) facilitator. Furthermore, he is a certified NLP Practitioner and an Accredited Professional of the International Enneagram Association (USA), holding a Professional Membership. Daniel also serves as a Mentor at the Asian Institute of Mentoring and is a Founding Member of the China Coach Federation.

- 2014** ● Mindfulness Based Cognitive Therapy (MBCT) facilitator certification (Oxford)
- 2015** ● Master Performance Coach Certification (ICF Level 1, ACC accreditation).
- 2018** ● Enneagram Spectrum certification with Dr Granville De Souza, Group CEO and founder of EQ World Pte Ltd, Singapore.
- 2020** ● Master Performance Coach Certification (ICF Level 2, PCC accreditation).
- 2022** ● Enneagram in Leadership certification with Ginger Bodga, IEA Board member and Enneagram teacher.
- 2022** ● Founded Seed of Lives, a Ground Up Initiative to enable young people make informed decisions and rise above adversities in lives.
- 2023** ● Master Performance Coach Certification (ICF Level 3, MCC training)
- 2023** ● Psychological Enneagram retreat (London) with Beatrice Chestnut, PhD, past IEA President, Board member, Clinical Psychologist.
- 2024** ● Founded The Enneagram Connections to bring about a Harmonious, Joyful and Fulfilling relationships for people in Asia.

Certified:



ENNEAGRAM
SPECTRUM
TRAINING



Oxford
Mindfulness
Centre



HIGH
PERFORMANCE
INSTITUTE





ABOUT US

SEARCH



ALIVE CONSULTANCY PTE LTD

CLIENTELE

ALIVE Consultancy Pte Ltd is a management consulting firm based out of Singapore. We specialize in providing customized solution to organizations who are looking to enhance team and sales performance.

At a macro level, we work with leaders in organizations in clarifying their vision , mission as well as ensuring that the they have the Leadership capability to deliver their KPIs. At a micro level we design and deliver interventions programs to ensure sustainable organization performance.

We provide both consulting services and training in the following areas:

- Team Dynamic Transformation through Enneagram
- Sales Capability Development - Art of Selling without Selling
- Change Management
- Enneagram Based Executive Coaching
- Influence and Selling through Enneagram
- Leading with Emotional Intelligence
- Enneagram and Emotional Intelligence assessment

